

DEPARTMENT OF PALLIATIVE MEDICINE

The Palliative Medicine Department plays a pivotal role in providing support to terminally ill cancer patients and their families, to improve the quality of life and alleviate the sufferings. The Department has provided services dedicatedly to our patients regularly during this COVID-19 pandemic.

SERVICES PROVIDED:

- OPD Consultation (Private OPD started from Oct 2020)
- IPD Consultation
- Dedicated Pain Clinic for Comprehensive Pain Management
- Home Care Services (started from December 2019)
- Telemedicine Based Home Care Services (started from Oct 2020)
- Symptom Management of Cancer Patients
- Lymphoedema Management
- Patient and family counselling and communications
- Bereavement support
- End of life care
- Psycho-Oncology

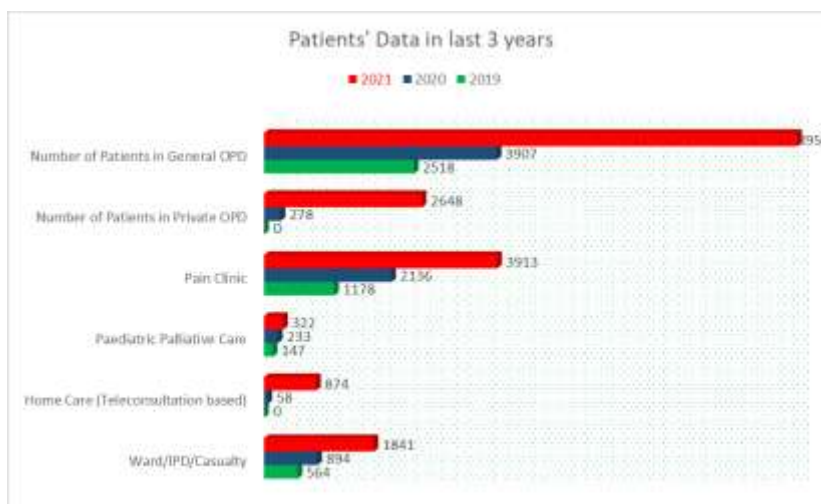
EDUCATION:

There is a plan to start 1-year full time PG-Fellowship Palliative Medicine. We are all set to start 2-years Fellowship in Palliative Care Nursing programme and are also in a process to start 3-years full time DNB teaching course soon as necessary paper works are underway.

- Monday- Journal club
- Tuesday-Home Care meet
- Wednesday- Audit meet
- Friday- Academic meet
- Alternate Saturday – Nurses and Social Worker teaching programme

RESEARCH:

- Contributed and published the EBM Book for the year 2020 (Palliative Medicine) jointly with other TMC units' Palliative Medicine faculties.
- Started **first multi-centric international project jointly with M D Anderson Cancer Centre, Texas, USA**
- Part of many research projects jointly with Medical and Surgical Oncology Department.



Major Achievements of the Department for the year of 2021

- Palliative Medicine Department in both the hospitals (MPMMCC and HBCH) have dedicated OPD, IPD services. Total of **11,598** patients were seen in OPD in the year 2021.
- Celebrated **World Hospice Day on 09.10.21 first time in Varanasi city** with terminally ill pediatric palliative care patients.
- **Home bound 874 terminally ill patients** (adult + pediatric) got benefited by our **Telemedicine based Home Care Services**.
- A dedicated **Pain Clinic** has been functioning on daily basis under Department of Palliative Medicine. Total of **3913 patients** were seen
- Collaborated in **publishing EBM book**, 'Evidence Based Medicine' published this year in February 2020.
- Have started our **first multi-centric international project jointly with M D Anderson Cancer Centre, Texas, USA**
- Eventually the department has evolved as integral part of **IAPC (Indian Association of Palliative Care)** for **Palliative Medicine training and teaching center**

Staff Members:

Assistant Professor	Dr. Somnath Dey Dr. Kunal Ranjan
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